

## **CHILDREN'S SCHEDULE**

DAYS	KICKBOXING	DAYS	KARATE	KARATE
SATURDAY	04:30 PM TO 05:30 PM	SAT& TUE	05:30 PM TO 06:30 PM	06:30 PM TO 07:30 PM
MONDAY	04:30 PM TO 05:30 PM	SUN& WED	05:30 PM TO 06:30 PM	06:30 PM TO 07:30 PM
WEDNESDAY	04:30 PM TO 05:30 PM	MON& THU	05:30 PM TO 06:30 PM	06:30 PM TO 07:30 PM

## **ADULT'S SCHEDULE (KICKBOXING)**

DAYS	KICKBOXING	KICKBOXING	KICKBOXING
SATURDAY	09:30 PM TO 10:30 PM		
MONDAY	09:30 PM TO 10:30 PM	SUN& WED	08:00 AM TO 09:00 AM
WEDNESDAY	09:30 PM TO 10:30 PM		

## **ADULT'S SCHEDULE (KARATE)**

DAYS	KARATE	KARATE	KARATE
SAT & TUE	08: PM TO 09:00 PM		
SUN& WED	08: PM TO 09:00 PM		
MON& THU	08: PM TO 09:00 PM	MON& THU	08: AM TO 09:00 AM

## **ADULT'S SCHEDULE AND CHILDREN'S (KOBUDO)**

DAYS	KOBUDO	
THURSDAY	09:00 PM TO 10:00 PM	