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CHILDREN'S SCHEDULE (KARATE AND KICKBOXING)

DAYS	KICKBOXING	DAYS	KARATE	KARATE
SAT& TUE	04:30 PM TO 05:30 PM	SAT& TUE	05:30 PM TO 06:30 PM	06:30 PM TO 07:30 PM
SUN& WED	04:30 PM TO 05:30 PM	SUN& WED	05:30 PM TO 06:30 PM	06:30 PM TO 07:30 PM
THURSDAY	06:30 PM TO 07:30 PM	MONDAY	04:30 PM TO 05:30 PM	
FRIDAY	05:00 PM TO 06:00 PM	FRI& SAT		06:30 PM TO 07:30 PM

ADULT'S SCHEDULE (KARATE AND KICK BOXING)

DAYS	KARATE	KARATE	KICKBOXING	KICKBOXING
SAT& TUE	10:00 AM TO 11:00 AM	09:30 PM TO 10:30 PM	11:00 AM TO 12:00 AM	09:30 PM TO 10:30 PM
SUN& WED	11:30 AM TO 12:30 AM	08:30 PM TO 09:30 PM	10:30 AM TO 11:30 AM	09:30 PM TO 10:30 PM
MONDAY	09:30 AM TO 10:30 AM	09:30 PM TO 10:30 PM	THURSDAY	
FRIDAY		06:30 PM TO 07:30 PM	FRIDAY	05:00 PM TO 06:00 PM

YOGA

DAYS	YOGA	YOGA	DAYS	ZUMBA
SUNDAY	09:00 AM TO 10:00 AM		SAT&SUN	08:00 AM TO 09:00 AM
MONDAY		07:30 PM TO 08:30 PM	SATURDAY	08:00 AM TO 09:00 AM
TUESDAY	09:00 AM TO 10:00 AM	07:30 PM TO 08:30 PM	MONDAY	08:00 PM TO 09:00 PM
FRIDAY	10:00 AM TO 11:00 AM	07:30 PM TO 08:30 PM	FRIDAY	08:00 PM TO 09:00 PM

ADULT'S SCHEDULE AND CHILDREN'S (KOBUDO)

DAYS	KOBUDO
MONDAY	06:30 PM TO 07:30 PM